



DIBRUGARH UNIVERSITY

Dibrugarh : PIN- 786004 : Assam

No. DU/RG/G.01.01/26/ 8446

Dated: 19.06.2026

NOTIFICATION

This is for information of all concerned that the Dibrugarh University is going to celebrate the **12th International Day of Yoga on 21st June, 2026** with the following programme.

PROGRAMME

12th International Day of Yoga

Theme: Yoga for Healthy Ageing

Venue: Bishnu Rabha Rangamancha, Dibrugarh University

Jointly org. by the Centre for Studies in Physical Education and Sports, NSS Cell & NCC unit, Dibrugarh University

- At 7.30 A.M.: Lighting of the Lamp.
- At 7.32 A.M.: Welcome Speech,
- At 7.35 A.M.: Inaugural Speech by Chief Guest
- At 7.40 A.M.: Speech on the theme "Yoga for Healthy Ageing",
- At 7.50 A.M.: Demonstration and Practice of Common Yoga Protocol
- At 8.25 A.M.: Vote of thanks
- At 8.27 A.M.: Light Refreshment

All Teachers, Officers, Employees, Research Scholars, Students and the entire University Community are requested to take part in the events.

Issued with due approval

Registrar

Dibrugarh University

Dated: 19.06.2026

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Copy for favour of information:

1. The Hon'ble Vice-Chancellor, Dibrugarh University
2. The Registrar, Dibrugarh University
3. All Deans, Dibrugarh University
4. All HoD/Chairperson/Principal All Department, D.U./Centers, D.U./DUIET/Schools with a request to circulate the notification among all concerned of his/her department/centre/institution/branch
5. All Officers, D.U. with a request to circulate the notification among all concerned of his/her branch
6. The Programme Coordinator, NSS Cell/ Programme Officer, NSS PG Unit/ ANO, 10 Assam Bn NCC, Dibrugarh University unit.
7. The In-charge of the Dibrugarh University Website, to upload the notification in the University website.
8. Office File

Registrar

Dibrugarh University